

CHILD AND ADOLESCENT NEEDS AND STRENGTHS (CANS)

The CANS assesses "dimensions" that are either areas of *strengths* or areas of *identified need* for a youth. *Anchors*, standard across these "dimensions," are used to identify the level of each identified need or strength. The anchors are worded in terms of the level of intervention needed, which enables the CANS to provide detailed, relevant and timely information that is instantly available to guide case planning. A rating of a "2" or "3" on a need indicates that this need should be addressed in the *case plan*. When interpreting the CANS results it is important to be familiar with the *anchors*. A score of

- (0) *Indicates there is no reason to believe the rated item requires an action*
- (1) *Indicates a need for watchful waiting, monitoring or possibly preventive action.*
- (2) *Indicates a need for action. Some strategy is needed to address the problem/need.*
- (3) *Indicates a need for immediate and or intensive action.*

	Yes	No
Is Youth Expectant or Parenting?		
Is Youth 5 years or younger?		
Is Youth 16 or older?		

CANS DOMAIN: Trauma Experiences

CANS DIMENSIONS	0	1	2	3	Score Justification
1. Sexual Abuse					
2. Physical Abuse					
3. Emotional Abuse					
4. Neglect					
5. Medical Trauma					
6. Witness to Family Violence					
7. Community Violence					
8. School Violence					
9. Natural or Man Made Disasters					
10. War/Terrorism Affected					
11. Witness to Criminal Activity					
12. Disruptions in Caregiving/Attachment Losses					

CANS DOMAIN: Trauma Stress Symptoms

CANS DIMENSIONS	0	1	2	3	Score Justification
13. Adjustment to Trauma					
14. Traumatic Grief					
15. Re-experiencing					
16. Hyperarousal					
17. Avoidance					
18. Numbing					
19. Dissociation					

CANS DOMAIN: Child Strengths

CANS DIMENSIONS	0	1	2	3	Score Justification
20.Family					
21.Interpersonal					
22.Educational Setting					
23.Coping and Survival Skills					
24.Optimism					
25.Talents/Interests					
26.Spiritual/Religious					
27.Community Life					
28.Relationship Permanence					
29.Resilience					

CANS DOMAIN: Life Domain Functioning

CANS DIMENSIONS	0	1	2	3	Score Justification
30.Family-Biological or Adoptive					
31.Living Situation-Current Foster Parents					
32. Social Functioning					
33. Developmental/Intellectual					
34. Brain Injury					
35. Substance Exposure					
36.Recreational					
37.Legal					
38.Medical					
39.Physical					
40. Medication Compliance					
41.Sleep					
42.Sexual Development					
Does Child Identify as GLBTQ?		N	Y	questioning	
43.Child Involvement With Care					
44.Daily Functioning					
45.Natural Supports					
46.School Behavior					
47.School Achievement					
48.School Attendance					

CANS DOMAIN: Acculturation

CANS DIMENSIONS	0	1	2	3	Score Justification
49.Language					
50.Identity					
51.Culture Stress					

CANS DOMAIN: Child Behavioral/Emotional Needs

CANS DIMENSIONS	0	1	2	3	Score Justification
52.Psychosis					
53.Attention /Concentration					
54. Impulsivity					
55.Depression					
56.Anxiety					
57.Oppositional					
58.Conduct					
59.Substance Abuse					
60.Attachment Difficulties					
61.Eating Disturbance					
62.Affective and/or Physiological Dysregulation					
63.Somatization					
64.Anger Control					

CANS DOMAIN: Child Risk Behaviors

CANS DIMENSIONS	0	1	2	3	Score Justification
65.Suicide Risk					
66. Non-Suicidal Self Injury					
67.Other Self Harm					
68.Exploitation					
69.Danger to Others					
70.Cruelty to Animals					
71.Fire Setting					
72.Sexually Abusive					
73.Sexualized Behaviors					
74.Bullying					
75.Delinquency					
76.Runaway					
77.Intentional Misbehavior					