

<b>Community Mental Health Center</b>	
<b>Program</b>	<b>Contact Information</b>
<b>Potomac Highlands Guild</b>	<a href="http://www.potomachighlandsguild.com">www.potomachighlandsguild.com</a> <b>Grant-304-257-1155</b> <b>Hampshire-304-822-3897</b> <b>Hardy-304-538-2302</b> <b>Mineral-304-788-2241</b> <b>Pendleton-304-358-2351</b>
<p><b>Psychological Services</b> - The Guild's licensed Psychologist does a wide array of psychological testing for children, youth and adults. She is scheduled in most counties on a regular basis.</p> <p><b>Individual, Group and Family Therapy</b> - The Guild hires trained therapists to serve throughout the region. Therapists work with children, youth and adults diagnosed with various emotional disorders, substance abuse, and other life problems.</p> <p><b>Behavior Management, Nursing and I/DD Program Planning Services</b> - These qualified professionals work primarily with developmentally disabled children, youth and adults as well as mentally ill adults housed in various residential settings. Staff may provide services to consumers attending public schools, day treatment programs or other community day activities.</p> <p><b>Regional Youth Service Center</b> – The RYSC is designed to serve adolescents and young adults, as well as their families, who are struggling with Substance Use and/or Mental Health. These services include individual therapy, group therapy, family therapy, parenting, recreational activities and peer support.</p> <p><b>Expanded School Based Mental Health</b> - The Expanded School Mental Health program is designed to address the emotional and behavioral well-being of the students and find appropriate interventions to counterbalance the difficulties that can negatively impact school performance, grade point average, and the development of healthy relationships with other students and school authority figures. The program is currently incorporated in Slanesville Elementary and Moorefield Elementary.</p>	
<p><b>Evidenced Based Practices</b></p> <ul style="list-style-type: none"> <li>• CBT</li> <li>• Trauma-Focused CBT</li> <li>• Play Therapy</li> <li>• Motivational Interviewing</li> </ul>	