Group Residential Facility		
Program	Location Youth Demographics	Contact Information
<b>Burlington United Methodist</b>	Raleigh	mallen@bumfs.org
Family	Males	http://www.bumfs.org
Services-Beckley-Level II	8-18 years old	Phone: 304-252-8508

## Level II

Burlington's Beckley Campus, Level II program, located in Beckley, WV serves ten boys ages 11 to 17.

Burlington utilizes a holistic team approach to treatment that promotes physical, mental, and spiritual wellness. Behavioral stability is required for successful community reintegration. Individual programming is based on identification of each youth's strengths and needs. The treatment teams assess the residents to evaluate, plan, develop, and implement care. Treatment includes individual, family and/or group therapy, behavioral management, recreation, experiential learning programs, psychiatric and general medical services.

Level II group care is a therapeutic setting which targets youth with confirmed DSM-V diagnosis that manifests in moderate-to-severe adjustment difficulties in school, home, and the community. These diagnoses can include disruptive behavioral disorders, mood disorders, conduct disorders, etc. These youth cannot function in a public school setting without significant psycho-social and psycho-educational support. Depending on the educational assessment youth may be enrolled in the on-campus school or public school. The goals of intermediate residential treatment programs are to develop and improve social and coping skills to increase the likelihood of success once the youth has returned home.

Residents in public school are encouraged to participate in extracurricular activities such as sports and/or clubs. Older youth are evaluated for the opportunity to be employed in the on-campus work program or at local community businesses.

## **Evidenced Based Practices**

- Solution Focus Therapy
- Cognitive Behavioral Therapy (CBT)
- Person Centered Therapy
- Behavior Management
- Trauma Focused Therapy