

Group Residential Facility		
Program	Location Youth Demographics	Contact Information
Board of Child Care-Falling Waters	Berkeley Males and Females 12-21 years old	www.boardofchildcare.org 304-274-3301

Level III

The program provides intensive residential treatment services and academic and therapeutic support to both males and females ages 12 to 21. Services are trauma-informed, youth guided, family focused and culturally competent and designed to help youth overcome emotional, psychological, educational, substance use and behavioral issues to help them heal from trauma and gain the skills, self-esteem and motivation to move towards social and academic success and function as responsible community members. Youth present a range of emotional issues and challenging behaviors that prevent them from living within their home environment. Many have been traumatized by physical and sexual abuse, neglect, multiple living situations and family addiction issues while others have experienced truancy, family problems, substance abuse and juvenile justice issues. The state-of-the-art, 50-bed residential facility is situated on 40 acres in Berkeley County, WV. It is enriched with an on-grounds educational center; indoor and outdoor recreational facilities that include a gymnasium, fitness room, recreation room, outdoor swimming pool, ropes course, skate park, basketball and tennis courts, baseball field; a multipurpose dining facility; chapel; administration building; and clinic building where the healthcare suite and physician's office are located. Youth in the program reside in five cottages, each containing 10 individual bedrooms, a kitchen, living room, laundry room, game room and two baths. Each cottage has a supervisor, master's level, licensed therapist and bachelor level direct care staff who provide multiple and intensive treatment services on a daily basis. The minimum staff to resident ratio is 1 staff for 3 residents. Services on campus also include recreation therapy, nursing services, psychiatric services and optional spiritual life activities. Services are provided by a multidisciplinary treatment team under the direction of the agency's Psychiatrist and all of BCC's therapists and addictions counselors are highly trained in evidenced based treatment models and in family therapy so they are able to work closely with families whenever appropriate. Education is provided by the WV Department of Education, Office of Diversion and Transition Programs through an on-grounds school utilizing an extended, 240 day school year. Smaller class sizes and the availability of traditional, non-traditional and alternative pathways options provides a flexible route to a high school diploma or equivalent for each student.

Evidenced Based Practices

- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Positive Behavioral Support
- Cornell University's Therapeutic Crisis Intervention (TCI)
- DTAP Treatment Model (combination of Theraplay(R) and Dyadic Developmental Psychotherapy(R) (DDP) principles and sensory interventions)
- Dyadic Developmental Psychotherapy (DDP)
- Theraplay
- Structured Psychotherapy for Adolescents Responding to Chronic Stress
- Functional Family Therapy
- Seven Challenges