

Group Residential Facility		
Program	Location Youth Demographics	Contact Information
Burlington Beckley-Co-Existing Disorders Group Home	Raleigh Males and Females 12-17 years old IDD	cbrellahan@bumfs.org http://www.bumfs.org Phone: 304-763-4294
<p>Level II Burlington’s program for adolescents with coexisting disorders is an 8 bed facility providing services to males and females ages 12-17. Burlington utilizes a holistic team approach to treatment that promotes the mental and spiritual wellness and behavioral stability required for successful community reintegration. Individual programming is based on identification of each youth's strengths and challenges, modification and redirection of interfering behaviors and generalization of targeted behaviors. The treatment teams assess the resident, plan, implement, and evaluate care. Treatment includes individual and/or group therapies, behavioral management, recreation, experiential learning programs, and psychiatric and general medical services.</p> <p><i>Level II</i> group care for adolescents with co-existing disorders is a therapeutic setting which targets youth with confirmed DSM-V diagnosis of an intellectual disability (IDD) and behaviors that manifest in moderate to severe difficulties in school, home or the community. The diagnosis can include disruptive behavioral disorders, mood disorders, conduct disorders, etc. To be considered for the program an adolescent must have an IQ in the 55-84 range and meet behavioral criteria of a Level II placement. These youth cannot function in a public school setting without significant psycho-social and psycho-educational support. The goals of intermediate residential treatment programs are to develop interpersonal skills and remediate social skill deficits and disruptive behavior patterns which preclude living in a less restrictive environment. The program is designed for residents to complete in 9 to 12 months.</p> <p>All residents attend public school. Burlington provides in-school support staff for the residents in the public school setting. Each resident's program is individualized and includes components of basic living skills, a behavior support plan, treatment planning, spiritual life advisory, tutoring program, recreational activities, social skills enhancement, community services, individual, group and family therapy.</p>		
<p>Evidenced Based Practices</p> <ul style="list-style-type: none"> • Solution Focus Therapy • Cognitive behavioral Therapy (CBT) • Person Centered Therapy • Behavior Management • Trauma Focused Therapy • Play Therapy 		