

## Group Residential Facility

Program	Location Youth Demographics	Contact Information
<b>Florence Crittenton Home</b>	<b>Ohio County Females 12-18 years old</b>	<a href="http://florencecrittenton.net">http://florencecrittenton.net</a> <b>304-242-7060</b>

### Level II

**Gender Responsive Treatment**-Girls are different than boys. This treatment approach, which recognizes and responds to the unique needs, challenges and strengths of women and girls, is the best-practice model for institutions and programs across the country. Not just "girls only" programs that were designed for boys, these programs are multi-dimensional and deal with specific women's issues such as addiction and chemical dependence, domestic violence, sexual abuse, pregnancy/parenting and relationships/connectivity.

**Trauma-Informed, evidence-based programming**-The ARC Framework is integrated into the treatment model, utilizing 10 building blocks of trauma-informed care. The environment, program model, staff training and skills are focused on building Attachment, Self-Regulation and Competency in our clients. ARC is integrated into everything we do at Crittenton.

#### Individualized/Specialized Treatment Focus:

- Substance Abuse Treatment
- Parenting Education
- Unique Academics and Career Planning

#### Who We Serve

- Girls, 12-18 years of age, or transitioning adults (19-21)
- Multi-problem youth
- Pregnant or parenting youth (parenting youth are admitted with their infants)
- FSIQ at or above low average range (>75)
- Psychiatrically stable and capable of maintaining safety of self and others
- **The young women in our program may have experienced:**
  - Physical and sexual abuse or neglect
  - Victimization and trauma
  - An unplanned pregnancy without support
  - Difficulties with school
  - Involvement with juvenile justice
  - Multiple placements
  - Substance abuse
  - Behavioral and emotional challenges

#### The Program

"Butterfly Becoming" utilizing The Butterfly Metaphor ...

The program is designed to assist residents as to progress through the Trans-Theoretical Model of Change, which is the scientific process that occurs when one makes a change: Pre-contemplation, Contemplation, Preparation, Action, and finally, Maintenance. There are several areas that are monitored and measured to determine treatment progress, including daily behaviors, progress on individual treatment goals, and stability of symptoms and/or functional skills. Each resident's individual progress is monitored through standardized assessments, formal reviews of the treatment plan, and daily documentation of treatment services. The program model emphasizes establishing healthy caregiver-child relationships in which the resident is able to feel safe enough to take the 'risk' of making a change, and take ownership of maintaining her positive changes long-term. Team and residents collaborate to identify needs and plans to overcome challenges and continue progress in her mental/behavioral/social health change.

#### Evidenced Based Practices

- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Motivational Interviewing
- ARC- Attachment, Self-Regulation and Competency
- Dialectical Behavioral Therapy