

Group Residential Facility		
Program	Location Youth Demographics	Contact Information
Stepping Stones-Lavalette	Wayne Males Ages 16-20	http://steppingstonesinc.org/ 304-429-2297

Level I

Services are geared toward male youth ages 11 – 20 (11-17 for level 2 and 16-20 for level 1) years old at intake that may have experienced a multiplicity of behavioral and/or emotional trauma. Youth must be able to function within a highly interactive Group Process Program. Located in rural Wayne County, 166 acres provide for youth centered activities such as sports fields, a fishing pond and a rustic campsite. The Program’s Home serves up to 12 level 2 youth and the onsite Specialized Step-Down Program for up to 6 older youth (16-20) returning from out-of-state placement and/or PRTF and or needing preparation for independent living provides housing, transitional living experiences, treatment and support.

The Program’s daily activity schedule is highly interactive and reflective of a sincere desire to make every moment a “teachable moment”. Stepping Stones will incorporate the Search Institutes 40 Developmental Assets throughout programming. The Program has a “Circle Plan” with four concurrent “steps” of Belonging, Generosity, Independence and Mastery. It is strongly believed that each progression has strengthened the reunification process for the youth with both his family and community. Each progression has also helped to normalize the treatment process and helped to make it more applicable (to real life situations) and understandable for the youth and active family.

Stepping Stones adheres to strong family-centered practice beliefs. The Agency values and supports family involvement at every point in the treatment milieu; involving families through flexible meeting schedules, transportation assistance when needed, linkage and referral, opportunities for weekly home visitation, STEP/Teen parent education classes, after-care planning, satisfaction surveys, asset building, strengthening of natural supports, etc. Instead of focusing on the family “dysfunction”, we identify our kids’ protective factors that build resiliency with both the kids and families.

The Program offers a full array of professional therapeutic services. Licensed Professional Counselors, Psychologists, Psychiatrist, RN, contracted MD are involved in treatment assessment, planning & evaluation; specially trained and degreed staff perform service delivery.

Intensive Therapeutic Services:

- Treatment Assessment & Planning ▪ Crisis Intervention
Substance Treatment Groups and Individual Treatment
Sex Offending Maintenance Groups & Individual Maintenance Sessions on site and off site by contract
- Asset Development
- Safety & Relapse Planning
- Specialized Assessments
- Behavioral Modification
- Formal Individual Counseling
- Psychological Interview
- Formal Therapeutic Counseling Groups are available as treatment indicated, Groups may include: Substance Treatment, Family Process, Grief & Loss, Conflict Resolution & Violence Prevention, Trauma, Nursing, Psychologist, Psychiatrist

Supportive Therapeutic Services:

- Life Skills Training, Practice, and Experience
- Psycho-Educational Groups
- Character Development
Social Skills Building
- Aggression Replacement Training (ART)
- Cultural Diversity/Sensitivity
- Skills/Hobby Development
- Service Learning/Volunteer Activities
- Sex Education & Well-Being
- Study Skills Enhancement & On Grounds Tutor
- Community Engagement & Exploration
 - Recreation Programming
 - Financial Literacy (Over 16)
 - Job Readiness and Retention (Over 16)
 - Culinary knowledge, practice, and support. (over 16)
 - Managing a Budget (Over 16)
 - Preparing for Post-Secondary/Vocational/Certification (over 16)
 - Preparation for Independent Living (over age 16)

Evidenced Based Practices

- Re-Education of Emotionally Disturbed Youth (Re-ED)
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Motivational Interviewing
- Positive Youth Development
- Circle of Courage
- Life Space Crisis Intervention
- Aggression Replacement Training (ART)
- Transition to Independence Process Model (TIP)
- Transformational Collaborative Outcomes Management (TCOM)
- Search Institutes 40 developmental Assets
- NCTSN-treatment and assessment of trauma
- Consilience
- BRIDGES Best Practice Guidelines for Residential Treatment
- Certified Sex Offender Treatment Specialist
- Certified Addictions Counselor
- Contract with Board Certified Child Psychiatrist
- Doctorate Level Therapist Provides Individual Therapy for Youth
- Advanced Trauma Training & Expertise