

## Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
<b>River Park Adolescent Co-Occurring Disorders Program (ROAD)</b>	<b>Males and Females 12-18 years old</b>	<b><a href="http://www.riverparkhospital.net">http://www.riverparkhospital.net</a> 304-526-9318</b>

### **Psychiatric Residential Treatment**

Adolescent Co-Occurring Disorders Program (ROAD) is a 13-bed residential treatment program for youth with co-occurring disorders. Co-occurring disorders refers to the coexistence of substance abuse and clinically significant psychiatric disorders. Many adolescents turn to various forms of substance abuse in order to relieve pain and distress as a result of physiological, psychological and/or interpersonal problems. We ensure a safe and structured environment that allows the youth to adequately explore reasons for their addiction issues and how to safely and effectively manage their psychiatric issues. They work diligently learning relapse prevention strategies for both co-occurring issues that brought them into the program. The youth must be court ordered into the program after acceptance during the referral process. The youth must have failed less restrictive treatment attempts and an MCM1 and court order are also required prior to admission. The approximate length of stay is four to 9 months. Most of these youth are in the custody of the state of WV DHHR. The youth have an IQ above 70. Some youth may stay beyond their 18th birthday under specific circumstances.

Diagnoses that would meet criteria include: Bipolar I or II Disorder; Major Depressive Disorder; Generalized Anxiety Disorder; Posttraumatic Stress Disorder; in addition to any abuse or neglect diagnoses. At least two Substance Related and Addictive Disorders must accompany the aforementioned diagnoses falling at usually a moderate or severe level of severity. The youth may carry other diagnoses listed in addition to these listed above.

### **Evidenced Based Practices**

- Cognitive Behavioral Therapy
- NA 12 Step Program
- Dialectical Behavior Therapy Skills Training