

Group Residential Treatment Facility

Program	Youth Demographics	Contact Information
Foundations for Living	Males and Females 11-18 Ohio	419-589-5511 www.foundationsforliving.net

IQ must be 65 or above

The Visions Program - serves dual-diagnosis males and females in gender a specific program from 11-18 years of age struggling with mental health issues, as well as chemical dependency and substance abuse issues. The treatment approach includes Trauma Focused Cognitive Behavior Therapy and a 12-step philosophy for recovery, utilizing a treatment community approach, relapse prevention, and family counseling. The Visions Program follows the Ohio Department of Mental Health and Addiction Services (ODMHAS) guidelines and offers intensive treatment for both the above listed topics as well as: sober living, chemical dependency dynamics and Children of Alcoholics (COA) issues.

The Passages Program - provides mental health and behavioral modification treatment to females from 11 - 18 years of age. This mental health program is designed for young women who evidence a variety of emotional and psychiatric disturbances including dual diagnosis, PTSD, Major Depression, Bipolar disorder, ADHD, Anxiety disorders, Oppositional Defiant disorder and self-mutilating behaviors. Our Passages program uses a Trauma Focused Cognitive Behavioral Therapy model focusing upon identifying self-defeating patterns of thought and behavior while developing competence in various life domains.

The Journeys Program - provides an environment that treats the complex trauma associated with Commercial Sexual Exploitation of Children (CSES) also known as Human Trafficking for females ages 11-18. . Many of these youth suffer from drug or alcohol addiction; therefore offer a dual diagnosis unit to treat the emotional/mental health and chemical dependency issues of youth. Treatment modalities used include: Cognitive Behavioral Therapy and Trauma Focused Cognitive Behavioral Therapy.

The Exploration Program (45 Day Assessment Program) - provides an opportunity for an in- depth assessment of the services and level of care needed to best help the person served. The program serves males and females between the ages of 11-18. Youth are assessed using the Diagnostic Assessment, Casey Life Skills Assessment, SASSI, WPSQ, Psychiatric Assessment, UCLA Trauma Symptom check list and one of the following: MMPIA, Piers Harris or the Jessness. The results of each of the assessments are compiled into a summary of recommendations and sent to the guardian and or referral source. The youth receive mental health services during their 45 day stay to assist them with stabilization.

Evidenced Based Practices

- Seeking Safety
- Motivational Interviewing
- Cognitive Behavioral Therapy with a Trauma Focus