

Group Residential Treatment Facility

Program	Youth Demographics	Contact Information
Gulf Coast Youth Services	Females 12-18 Florida	850-863-4160 www.gulfcoasttc.com

Trauma Group- Patients who are victims or perpetrators of sexual abuse or other trauma participate in sexual abuse and/or perpetrators groups, such as our Voices and Pathways programs.

Substance abuse Program- The Seven Challenges is a cognitive-based approach to substance abuse treatment developed by Robert Schwebel, Ph.D. It advocates utilizing a cognitive behavioral approach to develop skills such as assertiveness, problem solving, coping skills, and structured relapse prevention

Evidenced Based Practices

- Girls Matters
- Motivational Interviewing
- Trauma informed Care
- Cognitive Behavioral Therapy