

Group Residential Treatment Facility

Program	Youth Demographics	Contact Information
Hermitage Hall	11-16 males 12-16 females Tennessee	615-742-3000 www.hermitagehall.com

The Sexually-Reactive Program -The Sexually-Reactive Program at Hermitage Hall treats males, ages 9-12, FSIQ 52 or greater, who typically engage in sexually-inappropriate behavior as a result of being sexually abused. Special emphasis is directed toward balancing the child's need to address personal victimization and exploitation issues with the need to address his sexually inappropriate behavior.

The Cognitively Impaired Program treats males, age 13-17, FSIQ 52 or greater. This program is designed to individualize standard treatment protocols to the individual's level of functioning, method of learning, and ability to manage impulses.

Adolescent Sexually Abusive and Sexual Behavior Program treats males, age 13-17, FSIQ 52 or greater. This program is designed to serve multi-problemated, hypersexual, and sexually reactive adolescents who have engaged in contact or non-contact sexualized behaviors.

Trauma Program-Girls-The Girls' Trauma Program at Hermitage Hall treats adolescent girls ages 10 to 17, with a FSIQ of 65 or greater, who have a history of traumatic experiences, which may include sexual abuse or incest, sexual exploitation, physical abuse, severe neglect, emotional abuse, exposure and witnessing of violence, multiple abandonments, and unexpected traumatic losses. Girls may also struggle with self-injurious behaviors, mild eating disorders, dissociative problems, acute stress disorder, post-traumatic stress disorder, or other reactive difficulties.

Trauma Program-Boys- Hermitage Hall's Trauma Program serves boys, ages 13-17, with a FSIQ of 65 or greater, who have a history of traumatic experiences, which may include sexual abuse or incest, sexual exploitation physical abuse, severe neglect, emotional abuse, exposure and witnessing of violence, multiple abandonments, and unexpected traumatic losses.

Evidenced Based Practices

- Trauma Focused Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Eye Movement Desensitization and Reprocessing Therapy