

Group Residential Treatment Facility

Program	Youth Demographics	Contact Information
Natchez Trace	Males 12-17 Tennessee	www.natcheztraceyouthacademy.com (931) 296-1183

Natchez Trace Youth Academy is a CARF Accredited Residential Treatment Center licensed by Tennessee Department of Mental Health and Substance Abuse Services for Mental Health Residential Treatment for Children and Youth; by the Tennessee Department of Children Services as a Child Placing Agency (Foster Care); and by the Tennessee State Department of Education as a Category I School serving at risk males ages 12 – 17. Natchez Trace Youth Academy offers a therapeutic and patient-centered approach to each resident.

This program is appropriate for:

- Males, ages 12-17
- Axis 1 clinical diagnosis of a mental disorder and will have been identified by a mental health professional as having at least moderate emotional and/or behavioral problems and in need of residential treatment
- IQ > 70
- Truancy, Physically and verbally aggressive, Low self-esteem, Chronic runaways, Poor impulse control, Oppositional/defiant, Sexual abusers who have completed intensive JSO Treatment (Tx), Substance Abuse (non-acute), Substance Abuse Counseling and Education

The Natchez Trace Youth Academy Team offers:

- Positive Peer Culture Model, Cognitive-Behavioral Therapeutic Approach, Certified EMDR Therapists, Comprehensive Assessments, TSSAA Athletics Program (Basketball)
- Holistic Program Approach, Substance Abuse Education, Counseling / Specialty Therapeutic Groups, Individual Therapy / Family Therapy, AdvancEd Accredited School with both Special Education and HiSet (GED) components, Vocational Education Classes to include wood working, construction, auto mechanics, and job readiness, Independent Living Curriculum, Comprehensive, Individualized Therapeutic Program to meet the needs and abilities of the client and his family

Evidenced Based Practices

- CBT
- EMDR