

Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
Devereux Georgia	Males and Females 10-21 Georgia	770-427-0147 www.devereux.org

Psychiatric Residential Treatment

Trauma Track

Youth who have experienced sexual, physical and emotional trauma benefit from our Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) which is a therapeutic treatment model designed to treat trauma and behavioral problems related to trauma. Our highly trained and experienced therapists provide TF-CBT individual therapy. Youth also participate in a Dialectical Behavioral Therapy (DBT) group therapy as well as a Psychodrama experiential group.

Anger management Track

Our experienced therapists provide group therapy utilizing the Aggression Replacement Therapy curriculum. An intensive focus is placed on identifying triggers, improving coping skills and developing healthy ways of expressing emotions without using aggression.

Substance Abuse Track

Youth with active substance abuse issues receive group therapy using the skills education from the Matrix model. Youth with a history of use but no current use receive group therapy using the Cannabis Youth Treatment series model. An intensive focus is placed on youth learning to make healthier decisions, commit to recovery, and relapse prevention.

Commercially Sexually Exploited Children (CSEC)-Youth who have experienced sexual exploitation benefit from our safe and caring treatment environment. Devereux provides a therapeutic track tailored to meet the needs of these youth. Psychoeducational curriculum is utilized to promote education, identity development, medical and psychiatric risk factors, healthy relationships, and relapse prevention. Youth enrolled in this clinical track will be dually enrolled in our Trauma Focused Cognitive Behavioral Therapy (TF-CBT) program.

Intellectual Disabilities-Devereux offers a multi-disciplinary treatment approach in treating youth with intellectual/developmental disabilities (I/DD) who also exhibit significant mental health challenges. Our caring and nurturing program is designed to meet the needs of males between the ages of 13 and 21, who are in the mild to moderate range of intellectual functioning and exhibit behaviors such as aggression, property destruction, severe tantrum behavior, self-injurious behavior, and deficits in adaptive and social functioning.

Social Skills/Impulse Control Track -Many youth experience impulse control issues and difficulties with appropriate social interactions. We provide specific group therapy to address these issues, with an intensive focus on learning to delay gratification, improve impulse control, and develop healthier coping skills. In addition, emotion regulation and anger management skills are taught in this treatment track.

Evidenced Based Practices

- Trauma-Focused Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Aggression Replacement Therapy
- Matrix model