

Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
Mountain Youth Academy	Males and Females 5-17 Tennessee	423-727-9898 www.mountainyouthacademy.net

Psychiatric Residential Treatment

Mountain Youth Academy is a residential treatment facility for girls and boys, ages 5-17. We are a trauma-based treatment facility treating at-risk youth with an IQ of 65 or above. We offer a therapeutic and safe setting in a secure, locked facility to help children and teens address their mental health needs. We also have specific treatment programs for those with intellectual disabilities. Our treatment programs utilize adolescent and child therapy in both, individual and group settings as well as other treatment methods to address each individual's mental health needs.

Evidenced Based Practices

- Trauma Focused Cognitive Behavioral Therapy
- Eye Movement Desensitization and Reprocessing (E.M.D.R)
- Neurofeedback