

## Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
<b>New Hope Carolinas</b>	<b>Males and Females 12-21 South Carolina</b>	<b>877-328-9300 www.newhopetreatment.com</b>

### Psychiatric Residential Treatment

Transformations Program-Female Program. Clinically intensive, trauma-focused residential program for adolescent females with significant mental health, para-suicidal behaviors, substance abuse, and/or behavior-management difficulty. Programing includes an array of traditional and non-traditional therapeutic interventions within a Dialectal Behavioral Therapy (DBT) framework, and utilizes art therapy, Kinesthetics, and other physical and sensory-based interventions.

Safe Harbor Program-Female Program-Designed for intellectually and/or developmentally disabled (I/DD) female adolescents who present with significant emotional and/or behavioral issues, Safe Harbor encourages the development of pro-social behavior and adaptive living skills in a structured residential setting. Clinical programing includes an array of behavior-modification techniques and therapy aimed at enhancing self-concept and restoring healthy emotional functioning.

Triad Program-Male Program-Designed for intellectually and/or developmentally-disabled (IDD) males who have demonstrated a pattern of offensive sexual behavior, the clinical programing emphasizes education in healthy sexuality and improving socialization skills

Starting Point-Male Program-For adolescent males who exhibit offensive sexual behavior, this clinical programing provides the adolescent and his family with education and therapy regarding the nature, progression, and management of offensive sexual behavior. The program utilizes the Self-Regulation model to establish offense pathways to target individualized treatment interventions and discharge recommendations.

New Choices Program-Male Program-Specializing in male adolescents with mild cognitive and/or developmental impairment who present with significant emotional and/or behavioral issues, New Choice offers a comprehensive, holistic treatment approach designed to encourage the development of pro-social behavior and adaptive living skills. Programing includes an array of behavior-modification techniques and therapy aimed at eliminating offensive behavior and restoring healthy emotional functioning.

Waypoint-Male Program-Created for male adolescents with significant emotional and/or behavioral issues, Waypoint offers a comprehensive, strength-based approach designed to help young men learn how to effectively manage mood and/or disruptive behavior disorders.

### Evidenced Based Practices

Our clinical staff embraces a variety of best practice and evidence-based theories as core components to treatment including Trauma-Focused CBT, Good Lives, and Motivational Interviewing. Evidence-based treatment approaches are also utilized for our specialized populations, including Self-Regulation and Dialectical Behavior Therapy. Kinesthetics and a broad range of Recreational Therapies complement our comprehensive curriculum.