

Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
Newport News Behavioral Health Center	Males and Females 11-17 Virginia	757-888-0400 https://www.newportnewsbhc.com

Psychiatric Residential Treatment

Sex Offender Program-Project Valor- Males ages 11-17 are served on two separate units. One unit houses 11-14 year olds; the other unit houses 15-17 year olds. Our goal is to provide a supportive and secure environment of positive peer culture where individuals can accept full responsibility for their offending behavior, recognize their strengths and to develop appropriate social and coping skills. A close examination of cognitive distortions which contributed to their offending behavior is emphasized as well as establishing an internal focus of control. Residents will establish a safety network of individuals that are committed to helping the individual remain free from sexually re-offending.

The program is directed by a Master's level and Certified Sex Offender Treatment Provider (CSOTP). Licensed and/or license eligible master's level therapists (CSOTP or under the supervision of a CSOTP) work with residents on these two units

Substance Abuse- Substance Abuse services are provided by licensed or license-eligible therapists that are Certified Substance Abuse Counselors in the Commonwealth of Virginia.

Mental Health PRTF also for males and females.

Trauma Program- Newport News Behavioral Health Center staff works with male and female residents who have experienced significant trauma in their lives. A dedicated unit (Golden Stars) offers female residents a secure, caring, and enriched environment in which they can grow and mature emotionally, intellectually, physically, and socially. Experienced licensed and/or license eligible master's level therapists utilize the evidence-based treatment modality Seeking Safety. Seeking Safety was designed for males and females with trauma history, but who do not meet criteria for PTSD. Females ages 11-17, with an IQ of 60 and above are considered for the trauma unit.

Evidenced Based Practices

- Cognitive Behavioral Therapy
- Trauma Focused Cognitive Behavioral Therapy
- Dialectical Behavior Therapy