

Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
The Bradley Center	Males and Females 12-17.5-Insight Unit 6-14-Imprints Unit Pennsylvania	412-788-8219 www.thebradleycenter.org

Psychiatric Residential Treatment

A Residential Treatment Facility (RTF) is a temporary, intensive mental health treatment facility where children with mental, emotional, intellectual, and behavioral disabilities receive 24 hour care and therapy. The Bradley Center follows the Sanctuary model of Trauma Informed Care.

Insights Unit-Male and Female. Moderate to Mild ID/D and Autism Spectrum. A Stop, Think, and Go program is utilized on the Insights Unit. In addition, the program is cognitive-behaviorally based (CBT) as it emphasizes steps to get the child to STOP AND THINK before he/she ACTS.

Expressions/Impressions Unit-Females with a mood disorder and trauma.

These are small groups that utilize the Sanctuary Model and The Westmoreland Posttraumatic Stress Disorder Project. Family therapy follows the Bowen Model of Family Therapy. Individual therapy utilizes Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT).

Discovery Unit-Males with depression, anxiety and impulse control disorders.

Imprints-Youth age 6-14 with mental health issues, especially mood disorders and ADHD. A Stop, Think, and Go program is utilized on the Imprints Unit.

Evidenced Based Practices

- Sanctuary Model
- Cognitive Behavioral Therapy
- Bowen model of Family Therapy