

Group Residential Facility

Program	Youth Demographics	Contact Information
Pressley Ridge Grant Gardens-Level III	Males and Females 13-18 years old	http://www.pressleyridge.org (304) 326-2609

Level III

Grant Gardens/Level III (Ona, WV):

Level III youth at Pressley Ridge Grant Gardens are youth that have experienced a more significant/intensive level of trauma and dysfunction that is making it impossible to remain successfully in their home, school, and community environments. These youth meet level III criteria and have experienced a significantly higher number of adverse episodes and trauma responses; exhibit more intensive levels of acting out such as verbal/physical aggression/disruptive behavior; exhibit impulsive behavior such as running away and promiscuity. These youth may also have a history of self-injurious behavior/suicidal ideations/thoughts. Level III youth are more likely to need specialized educational provisions to be successful and are likely involved in more than one system such as Mental Health, Legal, Child Welfare and Special Education. Youth served are male/female (10 males/10 females); are ages 13-17; are in the legal custody of the WV DHHR; are under the supervision of the court; are rendered a current DSM-5 diagnosis and have an IQ of 70 or above. Youth are often at higher risk for a more secure facility such as detention and may be at higher risk for an out of state placement. These youth have experienced multiple failed placements typically. Assessment CAFAS score is indicative of the need for a higher level of care such as 80 or higher and other assessment information is indicative of the need for a higher level of residential care intervention and treatment. Youth have access to on-grounds schooling provided by The Office of Diversion and Transition Programs.

Trauma Informed/Family Engaged:

Pressley Ridge is a trauma-informed, family engaged organization and is training staff to be equipped with strategies and techniques to address the complex needs of youth by creating a focused approach on “What has happened to you” verses “What is wrong with you” as a foundation. Screening for trauma, treating the trauma, and assessing the impact of treatment are the process by which trauma-informed care is implemented. Family engagement is a strength-based collaboration providing resources, services, and treatment with the family of origin. Staff receive training and supervision to engage the youth’s family as a partner, as part of the solution, and as a treatment team member. An emphasis on structural family engagement is a driving foundation in this effort.

Treatment/Services:

- Individual/Group Therapy
- Family Therapy/Family Engagement/Family Education
- Trauma Therapy (Evidenced-based/Evidence-informed models)
- Substance Abuse/Trauma Intervention (Evidenced-based model)
- Drug and Alcohol Prevention and Education
- Life Space Intervention (Evidence-informed model)
- Therapeutic Crisis Intervention (Evidence-informed model)
- Educational Support
- Psychological/Psychiatric Support
- Medical Services
- Crisis Intervention/Response/Support (24 hours/7 days per week)
- Comprehensive Clinical Assessment
- Supportive Individual/Group Counseling
- Life Skills Assessment and Skills Training
- Social Recreational Activities/Community Connection
- Case Management
- Spirituality/Religion

Evidenced Based Practices

- Trauma Focused Cognitive Behavior Therapy/TF-CBT (Evidenced-based) and other Evidenced –based/Evidenced informed therapy models
- Seeking Safety: Substance Abuse/Trauma Intervention (Evidenced-based)
- Neurosequential Model of Therapeutics/NMT: (1) Based on core principles of neurodevelopment and traumatology (2) An approach that looks at identifying key clinical recommendations; education; enrichment and therapeutics (3) Has the capacity to create a “Brain Map” which guides treatment teams and provides treatments that are trauma-informed (4) Supported by Dr. Bruce Perry and the Child Trauma Academy (5) Sustained by fidelity monitoring and extensive research in traumatology (Evidenced-based)
- NOTE: Pressley Ridge is implementing the NMT trauma approach on select, high risk youth as internal clinical capacity is expanded. Pressley Ridge has a strategic goal of becoming an NMT flagship organization by 2020.
- Therapeutic Crisis Intervention (Evidence-informed)
- Life Space Crisis Intervention (Evidence-informed)