

Group Residential Facility		
Program	Youth Demographics	Contact Information
Pressley Ridge Odyssey House	Females 13-17 years old	http://www.pressleyridge.org (304) 326-2609
<p>Level II <u>Odyssey/Level II (Morgantown, WV):</u></p> <p>Level II youth at Pressley Ridge Odyssey are females that have experienced a significant level of trauma and dysfunction making it impossible to remain successfully in their home, school, and community environments. These youth may have experienced multiple trauma episodes that have affected functioning, may be experiencing a high level of emotional distress and/or exhibiting high intensity behavior challenges and acting out. Youth served meet level II criteria, are female, are ages 13-17; are in the legal custody of the WV DHHR; are under the supervision of the court; are rendered a current DSM-5 diagnosis; have an IQ of 70 or above; exhibit a history of failed placements and present with a CAFAS score of 70 or higher and other assessment information indicative of the need of residential care intervention and treatment. Odyssey youth have access to on-grounds schooling providing by the West Virginia Office of Diversion and Transition Programs.</p> <p><u>Trauma Informed/Family Engaged:</u></p> <p>Pressley Ridge is a trauma-informed, family engaged organization and is training staff to be equipped with strategies and techniques to address the complex needs of youth by creating a focused approach on “What has happened to you” verses “What is wrong with you” as a foundation. Screening for trauma, treating for trauma, and assessing the impact of treatment are the process by which trauma-informed care is implemented. Family engagement is a strength-based collaboration providing resources, services, and treatment with the family of origin. Staff receive training and supervision to engage the youth’s family as a partner, as part of the solution, and as a treatment team member. An emphasis on structural family engagement is a driving foundation in this effort.</p> <p><u>Treatment/Services:</u></p> <ul style="list-style-type: none"> • Individual/Group Therapy (Evidenced-based/Evidenced-informed models) • Family Therapy/Family Engagement/Family Education • Trauma Therapy (Evidenced-based/Evidenced-informed models) • Substance Abuse/Trauma Intervention (Evidence-based model) • Drug and Alcohol Prevention and Education • Life Space Crisis Intervention (Evidenced-informed model) • Therapeutic Crisis Intervention (Evidenced-informed model) • Educational Support • Psychological/Psychiatric Services • Medical Services • Crisis Intervention/Response/Support (24 hours/7 days per week) • Comprehensive Clinical Assessment • Supportive Individual/Group Counseling • Life Skills Assessment/Skills Training • Social/Recreational Activities/Community Connection • Case Management • Spirituality and Religion <p><u>Evidenced Based Practices</u></p> <ul style="list-style-type: none"> • Trauma Focused Cognitive Behavior Therapy/TF-CBT (Evidenced-based) and other Evidenced –based/Evidenced informed therapy models • Seeking Safety: Substance Abuse/Trauma Intervention (Evidenced-based) • Neurosequential Model of Therapeutics/NMT: (1) Based on core principles of neurodevelopment and traumatology (2) An approach that looks at identifying key clinical recommendations; education; enrichment and therapeutics (3) Has the capacity to create a “Brain Map” which guides treatment teams and provides treatments that are trauma-informed (4) Supported by Dr. Bruce Perry and the Child Trauma Academy (5) Sustained by fidelity monitoring and extensive research in traumatology (Evidenced-based) • NOTE: Pressley Ridge is implementing the NMT trauma approach on select, high risk youth as internal clinical capacity is expanded. Pressley Ridge has a strategic goal of becoming an NMT flagship organization by 2020. • Therapeutic Crisis Intervention (Evidence-informed) • Life Space Crisis Intervention (Evidence-informed) 		