

<b>Group Residential Facility</b>		
<b>Program</b>	<b>Youth Demographics</b>	<b>Contact Information</b>
<b>Pressley Ridge Richwood</b>	<b>Males 15-17 years old</b>	<b><a href="http://www.pressleyridge.org">http://www.pressleyridge.org</a> <b>(304) 326-2609</b></b>
<p><b>Level II-Sex Offenders</b>  <b><u>Richwood/Sex Offender Step Down (Morgantown, WV):</u></b>            Pressley Ridge Richwood is a Level II residential care stepdown program serving three males that have successfully completed in-patient/residential sex offender treatment. Our services allow youth to function more successfully in a community-based, less restrictive living environment that is supported. Youth served in the Richwood program meet level II criteria; are in the legal custody of the WV DHHR; are supervised by the court; are rendered a current DSM-5 diagnosis; have an IQ of 70 or higher; have a history of challenging behaviors including those specific to sexual offending that resulted in the completion of an in-patient/residential sexual offender treatment program and are unable to live in the community without supervision and support. Assessment scores and information are indicative of the need for residential care intervention/treatment. Youth have access to on-grounds schooling by the Office of Diversion and Transition Programs.</p> <p><b><u>Trauma-Informed/Family Engaged:</u></b>            Pressley Ridge is a trauma-informed, family engaged organization and is training to be equipped with strategies and techniques to address the complex needs of youth by creating a focused approach on “What has happened to you” verses “What is wrong with you” as a foundation. Screening for trauma, treating the trauma, and assessing the impact of treatment are the process by which trauma-informed care is implemented. Family engagement is a strength-based collaboration providing resources, services, and treatment with the family of origin. Staff receive training and supervision to engage the youth’s family as a partner, as part of the solution, and as a treatment team member. An emphasis on structural family engagement is a driving foundation in this effort.</p> <p><b><u>Treatment/Services:</u></b></p> <ul style="list-style-type: none"> <li>• Relapse Prevention</li> <li>• Offender Recovery Focused Therapy</li> <li>• Job Skill Readiness</li> <li>• Individual/Group Therapy (Evidenced-based/Evidenced-informed models)</li> <li>• Family Engagement, Family Therapy and Family Education</li> <li>• Trauma Therapy (Evidenced-informed/Evidenced-based models)</li> <li>• Substance Abuse/Trauma Intervention (Evidenced-based model)</li> <li>• Drug/Alcohol Education and Prevention (Evidenced-informed model)</li> <li>• Life Space Crisis Intervention (Evidenced-informed model)</li> <li>• Therapeutic Crisis Intervention (Evidenced-informed model)</li> <li>• Educational Support</li> <li>• Psychological/Psychiatric Services</li> <li>• Medical Services</li> <li>• Crisis Response and Intervention 24 hours per day/7 days per week</li> <li>• Comprehensive Clinical Assessment</li> <li>• Supportive Individual Counseling/Supportive Group Counseling</li> <li>• Life Skills Assessment/Skills Training</li> <li>• Social Recreational Activities</li> <li>• Case Management</li> <li>• Spirituality/Religion</li> </ul>		
<p><b><u>Evidenced Based Practices</u></b></p> <ul style="list-style-type: none"> <li>• Trauma Focused Cognitive Behavior Therapy/TF-CBT (Evidenced-based) and other Evidenced –based/Evidenced informed therapy models</li> <li>• Seeking Safety: Substance Abuse/Trauma Intervention (Evidenced-based)</li> <li>• Neurosequential Model of Therapeutics/NMT: (1) Based on core principles of neurodevelopment and traumatology (2) An approach that looks at identifying key clinical recommendations; education; enrichment and therapeutics (3) Has the capacity to create a “Brain Map” which guides treatment teams and provides treatments that are trauma-informed (4) Supported by Dr. Bruce Perry and the Child Trauma Academy (5) Sustained by fidelity monitoring and extensive research in traumatology (Evidenced-based)</li> <li>• NOTE: Pressley Ridge is implementing the NMT trauma approach on select, high risk youth as internal clinical capacity is expanded. Pressley Ridge has a strategic goal of becoming an NMT flagship organization by 2020.</li> <li>• Therapeutic Crisis Intervention (Evidence-informed)</li> <li>• Life Space Crisis Intervention (Evidence-informed)</li> </ul>		