

Community Mental Health Center	
Program	Contact Information
Potomac Highlands Guild	www.potomachighlandsguild.com Grant-304-257-1155 Hampshire-304-822-3897 Hardy-304-538-2302 Mineral-304-788-2241 Pendleton-304-358-2351
<p>Outpatient Psychiatric Services- The Guild's contracted Psychiatrists perform psychiatric evaluations, prescribe medication, monitor performances, and work with area physicians and other healthcare providers for information and referrals.</p> <p>Psychological Services - The Guild's licensed Psychologist does a wide array of psychological testing for children, youth and adults. She is scheduled in most counties on a regular basis.</p> <p>Individual, Group and Family Therapy - The Guild hires trained therapists to serve throughout the region. Therapists work with children, youth and adults diagnosed with various emotional disorders, substance abuse, and other life problems.</p> <p>DUI Safety and Treatment Programs: The Guild provides assessment, educational sessions and counseling services for persons arrested for driving under the influence.</p> <p>Social Work and Case Management: Licensed and/or trained staff perform these consumer services, which include: monitoring, linking to services, advocacy, supportive counseling, personal care, treatment planning and clinical evaluations.</p> <p>Crisis Intervention - The Guild's Crisis Hotline, 1-800-545-4357 (HELP), is operational 24/7 and is linked to trained/qualified clinical staff for responding to individual, family and other community needs.</p>	<p>Behavior Management, Nursing and I/DD Program Planning Services - These qualified professionals work primarily with developmentally disabled children, youth and adults as well as mentally ill adults housed in various residential settings. Staff may provide services to consumers attending public schools, day treatment programs or other community day activities.</p> <p>Day Treatment for Developmentally Disabled and Long-Term Mentally ill Adults - The Guild operates four program sites five days a week. Each site revolves around individual treatment and curriculum plans which may include: basic education and living skills, personal care, socialization, recreation/leisure, community outings and pre-vocational training.</p> <p>Residential Services - The Guild owns and operates two apartment facilities for consumers with long-term mental illness. Another owned site houses two to three developmentally disabled adults. The Guild provides supervision for several consumers that rent their own houses or apartments. Also, the Guild is Medicaid Provider of Record for three ICF/MR group homes within the region.</p> <p>Regional Youth Service Center – The RYSC is designed to serve adolescents and young adults, as well as their families, who are struggling with Substance Use and/or Mental Health. These services include individual therapy, group therapy, family therapy, parenting, recreational activities and peer support.</p> <p>Expanded School Based Mental Health - The Expanded School Mental Health program is designed to address the emotional and behavioral well-being of the students and find appropriate interventions to counterbalance the difficulties that can negatively impact school performance, grade point average, and the development of healthy relationships with other students and school authority figures. The program is currently incorporated in Slanesville Elementary and Moorefield Elementary.</p>
<p>Evidenced Based Practices</p> <ul style="list-style-type: none"> • Cognitive Behavioral Therapy • Trauma-Focused CBT • Play Therapy • Motivational Interviewing 	