

Psychiatric Residential Treatment Facility

Program	Youth Demographics	Contact Information
River Park-Bridges	Males and Females 7-12 years old IQ 70 and up	http://www.riverparkhospital.net 304-526-9114

Psychiatric Residential Treatment

Child Abuse Reactive Program (BRIDGE) is a 15 bed residential treatment program that is designed for children between the ages of 7 and 12 who have been neglected, sexually, physically and/or emotionally abused and are experiencing psychological, emotional and/or behavioral difficulties. The length of stay in this program ranges from approximately six to 12 months. This program is designed for children who have been abused and are in need of intensive therapy to help them understand their abuse and control their behaviors and emotions. We strongly believe that treating traumatized children requires specialized treatment. We ensure a safe and structured environment that allows the child to adequately explore and master the effects of their trauma, thus allowing them to acknowledge the trauma without it becoming debilitating. The child must have failed less restrictive treatment attempts or been acutely hospitalized. An MCM1 is required prior to admission. Diagnoses are often considered clinically significant. Parental or DHHR custody is accepted.

Diagnoses that would meet criteria include: Bipolar I or II Disorder; Major Depressive Disorder; Generalized Anxiety Disorder; Reactive Attachment Disorder; Posttraumatic Stress Disorder; in addition to any abuse or neglect diagnoses. The youth may also carry other diagnoses in addition to these listed above.

Evidenced Based Practices

- Trauma Focused Cognitive Behavioral Therapy
- Dialectical Behavior Therapy Skills Training