<b>Group Residential Facility</b>		
Program	Youth Demographics	Contact Information
Elkin's Oak Ridge	Males 13-17 years old	http://www.emtns.org (304) 637-7400

## Level II

EMS provides residential treatment to male youth ages 13 through 17 who exhibit impaired home, school, and community functioning and for whom less restrictive interventions have been unsuccessful. Oak Ridge, near Leading Creek, is a 15-bed level II residential program. All youth attend the Main Campus on-grounds school administered by the West Virginia Department of Institutional Education Programs. The "total treatment" program includes state education with all required and related services; age-appropriate life skill and adaptive behavior instruction; health care including education, disease prevention, and necessary treatment; realistic free time activities and behavioral health treatment focusing on issues that impact functioning such as conduct, mood, anxiety, substance abuse, family dynamics, and other problems such as children of addicted parents, children of parents with mental health problems, and grief.

Elkins Mountain Schools Oak Ridge program is intended to serve youth with a history of impaired behavior at home, school, and in the community. In addition to behavior problems, primarily opposition/defiant or disruptive, some also exhibit signs and symptoms of depression, have experienced trauma, and engage in substance use. Most have not responded favorably to less-restrictive interventions. Many are adjudicated as status offenders due to refusal to attend school or disobeying parental attempts to manage their behavior. Some are transferred from Level III programs to support continued transition to home or independent living programs.

## **Services include:**

- On-going treatment and supervision in a therapeutic milieu;
- Clinical Evaluation;
- Individual, group and family therapy;
- Psychiatric and psychological services:
- Individual and Group Supportive Counseling;
- Medical services:
- Education services;
- Recreation services;
- Nutritional/dietary services;
- Crisis Prevention/Intervention;
- Behavior Management/Adaptive Behavior Services;
- Life Skills Instruction

EMS also provides services to adolescents with co-occurring substance use disorders as classified by the DSM 5. EMS substance abuse treatment services meet all of the applicable recommended criteria for alcohol and drug treatment programs as suggested by the U.S. Department of Health and Human Resources Substance Abuse and Mental Health Services Administration Center (SAMHSA).

## **Evidenced Based Practices**

- Reality Therapy
- Cognitive behavioral Therapy (CBT)