

| Group Residential Facility  |                                    |   |
|---|------------------------------------|---|
| Program   | Youth Demographics                 | Contact Information   |
| <b>Florence Crittenton Home</b>   | <b>Females<br/>12-18 years old</b> | <a href="http://www.crittentonwv.org">www.crittentonwv.org</a><br><b>304-242-7060</b> |
| <p><b>Level II</b></p> <p><b>Gender Responsive Treatment</b>-Girls are different than boys. This treatment approach, which recognizes and responds to the unique needs, challenges and strengths of women and girls, is the best-practice model for institutions and programs across the country. Not just "girls only" programs that were designed for boys, these programs are multi-dimensional and deal with specific women's issues such as addiction and chemical dependence, domestic violence, sexual abuse, pregnancy/parenting and relationships/connectivity.</p> <p><b>Trauma-Informed, evidence-based programming</b>-The ARC Framework is integrated into the treatment model, utilizing 10 building blocks of trauma-informed care. The environment, program model, staff training and skills are focused on building Attachment, Self-Regulation and Competency in our clients. ARC is integrated into everything we do at Crittenton.</p> <p><b>Individualized/Specialized Treatment Focus:</b></p> <ul style="list-style-type: none"> <li>• Substance Abuse Treatment</li> <li>• Parenting Education</li> <li>• Unique Academics and Career Planning</li> </ul> <p><b>Who We Serve</b></p> <ul style="list-style-type: none"> <li>• Girls, 12-18 years of age, or transitioning adults (19-21)</li> <li>• Multi-problem youth</li> <li>• Pregnant or parenting youth (parenting youth are admitted with their infants)</li> <li>• FSIQ at or above low average range (&gt;75)</li> <li>• Psychiatrically stable and capable of maintaining safety of self and others <ul style="list-style-type: none"> <li>○ <b>The young women in our program may have experienced</b> physical and sexual abuse or neglect, Victimization and trauma, unplanned pregnancy without support, difficulties with school, involvement with juvenile justice, multiple placements, substance abuse, behavioral and emotional challenges/</li> </ul> </li> </ul> <p><b>The Program</b></p> <p>"Butterfly Becoming" utilizing The Butterfly Metaphor ...</p> <p>The program is designed to assist residents as to progress through the Trans-Theoretical Model of Change, which is the scientific process that occurs when one makes a change: Pre-contemplation, Contemplation, Preparation, Action, and finally, Maintenance. There are several areas that are monitored and measured to determine treatment progress, including daily behaviors, progress on individual treatment goals, and stability of symptoms and/or functional skills. Each resident's individual progress is monitored through standardized assessments, formal reviews of the treatment plan, and daily documentation of treatment services. The program model emphasizes establishing healthy caregiver-child relationships in which the resident is able to feel safe enough to take the 'risk' of making a change, and take ownership of maintaining her positive changes long-term. Team and residents collaborate to identify needs and plans to overcome challenges and continue progress in her mental/behavioral/social health change.</p> <p><b>Evidenced Based Practices</b></p> <ul style="list-style-type: none"> <li>• Trauma Focused Cognitive Behavioral Therapy (TF-CBT)</li> <li>• Motivational Interviewing</li> <li>• ARC- Attachment, Self-Regulation and Competency</li> <li>• Dialectal Behavioral Therapy</li> </ul> |                                    |   |